# **Fender Bender**

Don't be misled by the minimal damage to your car. People react much differently than glass, plastic and metal!



# It started with a routine trip to the store.

Suddenly you hear a screeching of tires and the harsh sound of metal hitting metal. In the split second before you can brace yourself, you feel your car moving from some unseen force!

#### Hidden Damage

It's tempting to minimize your own injuries because your car has sustained little or no damage. Research shows that occupants can be injured considerably more than what you'd expect from a dented fender or a broken taillight.

#### The Medical Solution

If you visit the emergency room, you may be given a clean bill of health because you don't have any broken bones. You might get a prescription to reduce the muscle spasms caused by

structural changes in your neck or lower back.

You don't have a drug shortage! After what you've been through, you'll need a health professional that truly understands soft tissue injuries, spinal biomechanics and rehabilitation strategies. Call our office.

# We Can Help

Whether it was a little incident in the parking lot, or two cars attempting to occupy the same space in an intersection, you need people who know how to work with lawyers and insurance companies.

If you've been in a car accident, give us a call. We've been through this many times. Not only can we usually offer drug-free relief, we can help put this behind you once and for all.

## **Common Questions**

# Q: Why do I have pain in my arms and hands?

**A:** Because the nerves to the arms and hands exit the spine through the injured area of the neck, numbness and tingling are common. Even lower back pain can result directly from the trauma, or as a reaction to the loss of proper spinal curves.

#### Q: Why did my headaches start more than a week after my accident?

**A:** Whether you've been in an accident, stressed at work, or over-exerted yourself in the garden, your body is constantly adapting to the environment. When your capacity to adapt is exhausted, symptoms can appear. This can take days, weeks, months or years to occur.

## Q: Will I ever be normal again?

**A:** Many chiropractic patients report restored spinal curves and an end to their symptoms. Those who delay seeking appropriate care often discover that scar tissue and spinal instability requires periodic chiropractic checkups.

